# SIMON FRASER UNIVERSITY FALL SEMESTER 2004

# EDUC 423-3 HELPING RELATIONSHIPS (E01.00)

Dr. David Paterson Office: EDB 8677 Phone: 291-3641

dpaterso@sfu.ca

WEDNESDAY 16:30-20:20 EDB 8620

## **PREREQUISITE**

**EDUC 323** 

#### **DESCRIPTION**

Introduction to the rationale for and the practice of basic counselling skills. Emphasis on the development of counselling skills as a means of establishing effective helping relationships in educational settings.

#### **EVALUATION**

Final grades will be based on the following:

- 1. Written critiques of three transcribed active listening exchanges (75% of final grade)
- 2. Reflection papers on stages of skill learning (15% of final grade)
- 3. Active listening program evaluation (10% of final grade)

## REQUIRED TEXT

Egan, G. (1998). <u>The skilled helper: A problem-management approach to helping</u>. Wadsworth Publishing; July 2001 7th Edition, ISBN: 0534367321.

#### RECOMMENDED TEXT

Egan, G. (1998). Exercises in helping skills: A training manual to accompany the skilled helper. Wadsworth Publishing, July 2001 7th Edition, ISBN: 0534367313.

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